



*Maintaining and
Protecting Vermont's
Long Trail*

Green Mountain Club

Worcester Section

345 Rawson Street, Leicester MA 01524
www.greenmountainclub.org

Spring | 2018

President's Message

Dear Members,

It was a long winter for all of us. It will be spring soon, and I would like to focus on outdoor activities as the weather gets warmer.

The definition of outdoor recreation or outdoor activity refers to leisure pursuits engaged in the outdoors, often in natural or semi-natural settings out of town. Examples include backpacking, cycling, camping, canoeing, disc golf, fishing, hiking, horseback riding, kayaking, rock climbing, running, fishing, skiing and other sports.

The two primary purposes for outdoor recreation are beneficial use and pleasurable appreciation.

The outdoors as a physical or social setting may meet the needs of physical health, self-sufficiency, risk-taking, the building of social ties, and the needs of achievement (such as practicing, enhancing and challenging skills, testing stamina and endurance, and seeking adventure or excitement). The outdoors can be an environment in which people "show what they can do."

I hope that this will be an inspiration for all of us to be outdoors and participate as much as you can in all the activities scheduled for this spring. This is good for the body, mind, and soul. Lastly being outdoors frees you from the bondage of being at home and worship mother nature at its best with members, friends and family.

I hope to see you all being an active member of our Worcester chapter.

Best regards,

Ram Moennsad, President

Spring Activities

Please join us for the following Worcester Section, GMC activities. You do not have to be a GMC member to participate.

Saturday, April 7, Mid State Trail Hike, Moose Hill and Reservoir. Hike south by Buck Hill Shelter, by Moose Hill Shelter and then over Moose Hill and across Moose Hill Reservoir dam for a total of about 6 miles. Please email Betty Jenewin at bettyjenewin@charter.net or call Margos Stone at 508-826-6842 to register.

Saturday, April 7, Canoe paddle on the Assabet River to Concord with lunch by the Old North Bridge. A good beginners trip. Call leader David Miller at 508-853-8964 to register and for meeting time and place.

Saturday, April 21, Mid State Trail Hike, Sibley Farm/Audubon Preserve. Hike south through Audubon land and Sibley Farm conservation area, cross Greenville Road then down Candlewood cul-de-sac and back into wood to Ash Street corner for a total of about 5.3 miles. Please email Betty Jenewin at bettyjenewin@charter.net or call Margos Stone at 508-826-6842 to register.

Saturday, April 28, Canoe paddle on the Contoocook River. Cross the border into southern New Hampshire to run the upper reaches of this scenic river. Considering recent subnormal rains, we may encounter shallow water shoals where we will be forced to wade and drag our watercraft. Call leader David Miller at 853-8964 to register and for meeting time and place.



Saturday, May 5, Mid State Trail Hike, Four Chimneys to Cow Tunnel. Hike south 6.4 miles through Four Chimneys state land and ending with walk through cow tunnel under Route 20 right to Old Worcester Road cul-de-sac. Please email Betty Jenewin at bettyjenewin@charter.net or call Margos Stone at 508-826-6842 to register.

Saturday and Sunday, May 19-20. The Worcester Section Spring Work Party on the Stratton Mountain Section of the Long Trail. Some of us will car pool from Paxton at 7:00 a.m. We will meet at 9:30 a.m. on Saturday, May 19 at the LT/AT Trailhead on the Arlington West-Wardsboro Road (Kelly Stand Road). For driving directions google 1376 Stratton Arlington Road, Stratton, Vermont. Call Steve Crowe at 508-892-9942 for more information, or email him at steve@sunshinelandscapingco.com.

Saturday, June 2, Mid State Trail Hike, French River Crossing. Hike south down Boucher Road and into woods, then road walking, then by cascades and on through flood plain of Hodges Village Dam, crossing foot bridge over French River and on to Rocky Hill Road about 5 miles. Please email Betty Jenewin at bettyjenewin@charter.net or call Margos Stone at 508-826-6842 to register.

Friday, June 1 through Sunday, June 3. Green Mountain Club 108th Annual Meeting, Hulbert Outdoor Center, Fairlee, Vermont. See pages 22-23 of the spring issue of the Long Trail news, and page 29 to register. You may register on line at www.greenmountainclub.org/meeting or register by phone by calling the GMC's membership coordinator at 802-241-8324. Some of us will carpool from Worcester on Friday morning, June 1. For more information, or information on carpooling, call Margos Stone at 508-826-6842 or email him at mstone12242@charter.net.

Saturday, June 9, 9:30 a.m. to noon. Camp clean up at 345 Rawson Street in Leicester. We will rake leaves, work on the road, and clean the lodge and change house. Bring rakes and shovels. Coffee, refreshments and lunch will be served. Call or text Ram Moennsad at 508-210-6965 for more information.

Saturday, June 23, 12:00 noon. President's Potluck Luncheon at the GMC camp, 345 Rawson Street in Leicester. Bring your favorite dish to share. Hot dogs, hamburgers, beans, coffee and beverages will be provided. We will have a short hike after the luncheon for those interested. For more information and to register call or text Ram Moennsad at 508-210-6965.

Please Give to the GMC, Worcester Section

Please visit our GMC Worcester Section website at www.gmcwoo.org. Our club history and activities are listed there. You may also make a donation if you wish on our website, or be connected to GMC in Vermont. Thank you.

WORCESTER SECTION OFFICERS

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